# Our Feasts & Obligations for 2026

Liturgical Cycles: Sundays A & A. Weekdays 2

#### **Easter & Lent**

- Feb 18-Apr. 2: Lent
- Mar. 29-Apr. 4: Holy Week
- Apr. 4: Holy Saturday
- Apr. 5: Solemnity of Easter Sunday
- Apr. 5-May 24: Easter Season

## **Holy Days of Obligation**

(Must attend the Holy Mass, except with just excuse)

- Every Sunday
- Jan 1: Solemnity of Mary, Mother of God
- May 14: Solemnity of the Ascension of the Lord
- Aug. 15: Solemnity of the Blessed Virgin Mary\*
- Nov. 1: Solemnity of All Saints
- Dec. 8: Solemnity of the Immaculate Conception of Mary
- Dec. 25: Solemnity of the Nativity of Our Lord

\*Abrogated to Sunday

### **Our Parish Patron Saints' Days**

- Jan 1: Solemnity of Mary, Mother of God
- Mar 19: Solemnity of St. Joseph
- Jun 29: Solemnity of St. Paul the Apostle
- Aug. 4: Memorial of St. John Vianney
- Aug. 25: Memorial of St. Louis IX
- Nov. 4: Memorial of St. Charles Borromeo

**Dec. 27:** Feast of St. John the Apostle

## **Other Obligations**

## **Fasting**

(Ages 18-59, inclusive, suggested only 1 full meal)

- Feb. 18: Ash Wednesday
- Apr. 3: Good Friday

#### **Abstinence**

(Ages 14 & over, except eggs, fish & shellfish)

- Feb. 18: Ash Wednesday
- Every Friday during Lent\*
- Apr. 3: Good Friday

#### **Sacramental**

- Once a year: attend the Sacrament of Reconciliation (Confession)
- Once during the Easter Season: Receive the Holy Eucharist (in the State of Grace)
- \* Suspended when Friday falls on a solemnity.

Questions? Visit our website's "Our Faith" page to find links that may have answers.



Thank-you!

St. John Rianney Parish